

# 2015 Annual Point-In-Time Report for the Blue Ridge Continuum of Care



## 2015 Winter Point-in-Time Count & Shelter Survey Report

#### Coordinated by

Blue Ridge Interagency Council on Homelessness

#### Chair

Paula Prince, PhD Jefferson College of Health Sciences, Chair

#### **Members**

Angela Penn, Total Action for Progress Antwyne Calloway, Blue Ridge Independent Living Center Brent Asbury, Roanoke City Police Department Brian Geiser, Roanoke City Sheriff's Department Bruce Phipps, Goodwill Industries Carol Tuning, City of Roanoke Dan Merenda, Council of Community Services Dave Prosser, Freedom First Credit Union David Bustamante, Roanoke Redevelopment & Housing Authority Dawn Riddle, County of Roanoke Social Services Debbie Brown, Greene Memorial United Methodist Church Dr. Judy Cusamano, Jefferson College of Health Sciences-Physician's Assistance Program Jim Weber, Craig County Department of Social Services Judy Hough, City of Salem Malora Horn, Roanoke City Public Schools Matt Crookshank, Community Housing Resource Center Nancy Reid, Roanoke Gas Company Quovadis Washington Brown, Alleghany Highlands Community Services Sabrina Sidden Hicklin, Council of Community Services Shane Sawyer, Roanoke Valley-Alleghany Regional Commission Sherman Pennix, City of Roanoke Susan Carroll, Blue Ridge Behavioral Health Care Tanyia Jones, Salem VA Medical Center



#### Report Prepared by

Sabrina Sidden Hicklin, MSW, Council of Community Services Gabrielle DeMarco, Radford University, BSW, Intern Paula L Prince PhD, Jefferson College of Health Sciences





### Thank you to all the volunteers that made this data collection possible!











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### Introduction

Each year, every community that receives HUD funding for homeless service providers collects data for a Point-In-Time (PIT) Report. The PIT Report is just one direction in the communication process between federal (HUD) and local agencies. The flow of information goes from HUD to local resources and then from local resources back to HUD. For example, grant applications insure initiative and goal alignment between the local, state, and federal level agencies that address homelessness, and the Point-In-Time Reports indicate whether the initiatives and goals are successful or not. If the initiatives are successful, the data should indicate a reduction in the amount of homeless and the time spent homeless.

"HUD's mission is to create strong, sustainable, inclusive communities and quality affordable homes for all." HUD has established goals in its 2014-2018 strategic plan regarding programs to end homelessness for veterans, people experiencing chronic homelessness, families, youth, and children; promote advancements in economic prosperity for residents of HUD-assisted housing; and to promote the health and housing stability of vulnerable populations.<sup>2</sup>

"In 2014, \$1.6 billion in HUD funding was awarded to support programs and services for the homeless population across the United States, Puerto Rico, Guam and the U.S. Virgin Islands. The President's 2015 Budget seeks \$2.4 billion for Homeless Assistance Grants, \$480 million above the 2012 enacted level. This level of funding maintains the approximately 224,000 HUD-funded beds that assist the homeless nationwide and expands rapid re-housing and permanent supportive housing." 3

Of the \$1.6 billion in 2014, the state of Virginia was awarded \$21,690,375 to fund 133 programs serving the homeless population.<sup>2</sup> The Virginia Coalition to End Homelessness (VCEH) is a statewide nonprofit organization unifying the interests of all concerned with homelessness to bring the most effective and cost-effective policies, systems, and services into practice across the

Commonwealth. VCEH currently has three primary initiatives: 1) Ending homelessness among Virginia's Veterans by the end of 2015, 2) Building local capacity to improve the response to homelessness, including transitioning to permanent solutions to homelessness, such as permanent supportive housing and rapid re-housing, and 3) Advocating for better policy and increased resources to address all homelessness.<sup>4</sup>

The Point-In-Time Report is utilized at the local level to provide insights into successful strategies, while also providing knowledge about the experiences of the homeless. The Blue Ridge Continuum of Care (CoC) has continued to analyze, adjust and improve their processes pertaining to homelessness. The Blue Ridge CoC ensures strategies such as a providing a central intake; a community housing resource center; and utilizing rapid rehousing and permanent supportive housing are combined within a framework of collective impact that maximizes the efforts of all service provider agencies. The members of the CoC actively participate in monthly meetings and strategic planning to ensure the alignment of federal goals and system performance measures with local goals and processes. The Blue Ridge CoC also participates in new initiatives aimed at reducing homelessness. This past year it successfully



<sup>3</sup> http://portal.hud.gov/hudportal/HUD?src=/press/press\_releases\_media\_advisories/2014/HUDNo.14-032





http://portal.hud.gov/hudportal/HUD?src=/about/mission

<sup>&</sup>lt;sup>2</sup> http://portal.hud.gov/hudportal/documents/huddoc?id=hudstrategicplan2014-2018.pdf

housed 35 veterans through participation in the Veterans 100 Day Challenge. Currently the CoC is participating in the Zero 2016 initiative, an initiative to end veteran homelessness by the end of 2015, and chronic homelessness by the end of 2016.

## Methodology

This 2015 Winter Point-In-Time and Shelter Survey report utilized data from three different sources: Point-in-Time Count (PIT Count), Point-In-Time Surveys (PIT Survey) and The Vulnerability Index & Service Prioritization Decision Assistance Tool (VI-SPDAT) surveys. Each source of data has a different purpose, but data collection for all three occur on the same night to avoid duplicated data. January 29, 2015 was the night selected to gather data for the 2015 Winter Point-In-Time Report.

The purpose of the PIT Count is to obtain an accurate, unduplicated count of all those residing in a shelter. The PIT Count is completed by shelter directors and staff, and the only descriptive frequencies are: under age 18; 18-24; over age 24; street count; and veteran status.



The Point-In-Time Survey (PIT Survey) is administered at least every year and sometimes twice a year for the purpose of detailing information and characteristics about people experiencing homelessness. This is a more comprehensive survey that contains questions about: the reasons homeless: children's descriptive questions; cash and non-cash benefits and health needs. The 2015 survey instrument consisted of 26 closed response questions; "other" and N/A responses for appropriate questions and 2 follow up or open-ended questions. People who were homeless the night of January 29th were allowed to refuse the PIT survey, which is why the PIT Count (N=390) is so important for understanding the actual numbers

homeless and the PIT survey for understanding characteristics of a sample (N= 191, 49%) of those homeless.

Street Counts (N=12), the number of homeless not residing in a shelter, are provided by the number of VI-SPDAT surveys that are returned. VI-SPDAT is an assessment tool that indicates the level of vulnerability for a homeless person or family. This assessment tool is a survey that consists of 50 YES/NO or N/A questions. There are 4 categories within this survey that calculate a combined score between 1-4, 5-9, and 10 and above. A score of 10 or above would indicate that an individual/family is more vulnerable. People who are homeless and on the street have the right to refuse the VI-SPDAT just like those in the shelter can refuse the PIT survey. If a person chooses not to complete the VI-SPDAT then the survey is coded as refused although the individual is still counted in the numbers of those on the street.

Volunteers to administer the surveys were recruited utilizing the Council of Community Services' Hands on Blue Ridge volunteer services and Jefferson College of Health Sciences students. Each agency also provided staff to administer surveys at the shelters.



## **Key Findings for 2015 Point-In-Time Count**

The total number of homeless individuals in this years' count is 390\*. The number of adults age 24 and older experiencing homelessness totaled 265 and the number of children under age 18 experiencing homeless totaled 80. The numbers have been trending downward since 2012.

PEOPLE COUNTED	Children < 18	Children 18-24	Adults > 24	2015 TOTAL	VETERANS	CH*	FEMALE	MALE
Family Promise	7	3	4	14	0	0	9	5
TRUST	2	2	22	26	17	2	9	17
Safe Home Systems	1	1	5	7	0	4	6	1
(Covington)								
Turning Point	9	1	8	18	0	0	13	5
Red Shield Lodge	0	1	52	53	9	0	0	53
Rescue Mission Singles	0	15	158	173	21	20	68	105
Rescue Mission Family	61	22	4	87	3	20	48	39
Shelter								
Street Count			12	12	0	1	3	9
TOTAL	80	45	265	390	50	47	156	234

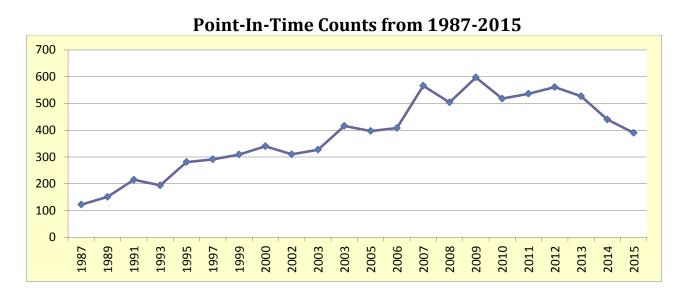
<sup>\*</sup>CH refers to chronically homeless

The number of veterans this year decreased by 21% from last year's total of 63 in 2014.

Females make up 40% of the total population and males are 60% of the total population.

Children under the age of 18 are 20.5% of the total population

The 390 total does not include the possible homeless individuals incarcerated.



Point-In-Time Count in 2015 decreased by 11.3% (390 compared to 440 in 2014 and 527 in 2013)



## **Key Findings for the PIT Survey Results**

- 191 (49%) shelter respondents (adults 18 and over) completed the survey. This is a 9% decrease in the number of respondents compared to 2014 (58%).
- 60.5% of respondents were living in the Blue Ridge Continuum of Care catchment area when they became homeless compared to 57.6% in 2014 and 51.2% in 2013
- The top 5 challenges faced by homeless include:
  - Affordable housing (#1 in 2014)
  - o Cannot find work (# 2 in 2014)
  - Medical problems (#3 in 2014)
  - o Dental problems (#4 in 2014)
  - o Past incarceration (#5 in 2014)
- The oldest respondent is 76 and the youngest is 19.
- 96 men (50.3%) and 95 women (49.7%) completed the survey
- 54.8% (103) of those surveyed identified themselves as white and 35.6% (67) identified themselves as African-American
- 13% (25) of respondents are Veterans as compared to 19% in 2014
- 44% (83) of respondents report having received mental health services in the past
- 23% (44) of respondents report having received treatment for problems related to alcohol
- 16.8% (32) of respondents report having been treated for drug dependency
- 83.7% (159) report having a high school/GED education or more. Educational attainment has been trending upward since 2011 (73.4%, 77.9%, 79.9%, 81.2%)
- 32.1% (59) of respondents are employed either "on" or "off" the books. This is a 2.6% decrease from 2014
- 31.4% of survey respondents indicate unemployment as the primary reason for being homeless
- 32.6% (60) report receiving food stamps
- 54.5% (104) of respondents report looking for work compared to 57.4% in 2014
- 67.6% of respondents report they have never heard of the Community Housing Resource Center as compared to 76.9% in 2014. 15.1% of respondents have received services from the CHRC compared to 6.3% in 2014.



## **2015 Point-In-Time Shelter Survey Results**

#### **General Demographic Statistics**

Gender	Response Count	Response Percent
Male	96	50.3%
Female	95	49.7%
Transgender	0	0.0%
Declined to state	0	0.0%
Other	0	0.0%
Answered question	191	
Skipped question	0	

Fewer and fewer men are completing the surveys each year 2012 (67.5%), 2013 (51%, 2014 (58.4%).

What racial/ethnic group do you identify with the most (choose only one)?	Response Count	Response Percent
White/Caucasian	103	53.9%
Black/African American	67	35.0%
Asian	0	0.0%
American Indian/Alaskan Native	0	0.0%
Native Hawaiian/Other Pacific Islander	0	0.0%
American Indian/Alaskan Native and	1	0.5%
White		
Asian and White	0	0.0%
Non-Hispanic/Non-Latino	1	0.5%
Hispanic/Latino	6	3.1%
Mixed Race	10	5.2%
Declined to state	0	0.0%
Other (please specify)*	3	1.5%
Answered question	191	
Skipped question	0	

The racial groups have ranged between 53/35% and 58/36% for White/Caucasian and Black/African American respectively.

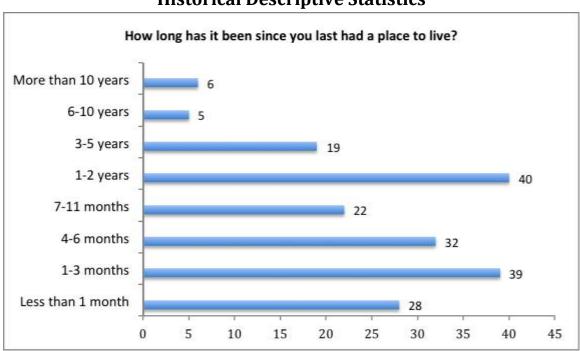


<sup>\*3</sup> respondents who indicated "other" identified as Other (2) and Iraqi (1)

Agency Survey Response	Response Count	Response Percent
Family Promise	7	3.7%
Safe Homes (Covington)	6	3.1%
HAT	0	0.0%
Rescue Mission - Family Shelter	66	34.6%
Rescue Mission - Men's Shelter	21	11.0%
Rescue Mission - Respite	5	2.6%
Rescue Mission - Tabitha Project	17	8.9%
Red Shield Lodge	39	20.4%
Turning Point	7	3.7%
TRUST House	23	12.0%
Street Canvassing	0	0.0%
Answered question	191	
Skipped question	0	

The Rescue Mission-Family Shelter and Red Shield Lodge are the two agencies with the most survey respondents.

#### **Historical Descriptive Statistics**



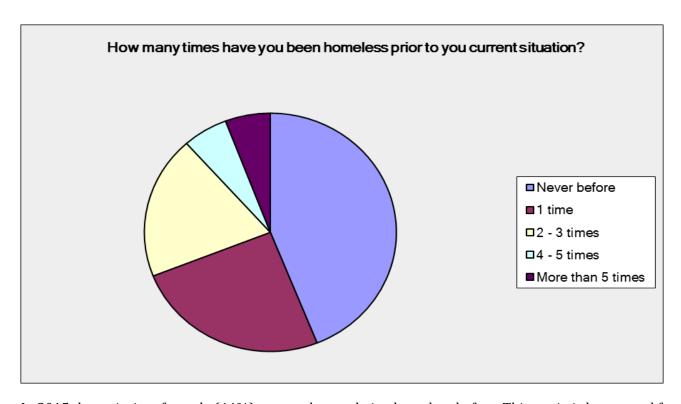
The category 1-2 years has been the most reported length of time homeless other than in 2014. In 2014 1-2 years was the third most reported following 4.6 months and 1-3 months.



Please tell us the primary reason you are currently homeless:	Response Count	Response Percent
Unemployed	60	31.4%
Evicted from home, unrelated to payment	19	9.9%
Victim of domestic violence	18	9.4%
Mental health	5	2.6%
Substance abuse	11	5.7%
Fire/other disaster	0	0.00%
Family problems	28	14.6%
Bad credit	0	0.00%
Criminal history	10	5.2%
Lack of affordable housing	11	5.7%
Discharged from an institution	0	0.00%
Other (please specify)*	29	15.1%
Answered question	191	
Skipped question	0	

Unemployed ranks number 1 as the primary reason for homelessness on every report from 2012-2015.

\*29 respondents who indicated "Other" specified as: behind on rent/evicted (3); divorce (2); medical (3); loss of services (3); Illness of self or family member (2); house condemned; water pipe busted; lack of proper identification to work; released from prison (3); legal blindness; death of mother; lack of family support; came here to go in program; to stop selling drugs; poor living conditions (2); physical health; caretaker; place he was renting was sold.



In 2015 the majority of people (44%) reported never being homeless before. This statistic has ranged from 42-44% since 2012.



Where were you residing when you became homeless?	Response Count	Response Percent
Roanoke City	96	50.2%
Salem	3	1.5%
Roanoke County/Vinton	11	5.7%
Botetourt County	1	0.5%
Clifton Forge	0	0.0%
Alleghany County	4	2.0%
Other (please specify)*	75	39.2%
Answered question	190	
Skipped question	1	

57.4% of the homeless people were in the Roanoke area compared to 54.9% in 2014 and 48.7% in 2013.

<sup>\*</sup>Of those who came to Roanoke from some other place, 51 were from other jurisdictions in Virginia and 24 came from other states.

If you became homeless somewhere other than Roanoke, why did you come to Roanoke? (Choose one main reason)	Response Count	Response Percent
Not applicable	110	57.5%
Find a job	12	6.2%
Friends/family are here	10	5.2%
Domestic violence program	3	1.5%
To obtain healthcare	0	0.0%
Ran out of money	0	0.0%
Personal reasons	3	1.5%
Probation/Parole officer	7	3.6%
Veterans Administration	5	2.6%
Substance abuse program	5	2.6%
Shelter only	17	8.9%
Other/Referred by: (please specify)*	18	9.4%
Answered question	172	
Skipped question	19	

<sup>\*</sup>If someone came to Roanoke after becoming homeless, the main reasons continue to be Other and Shelter only. Of the 18 respondents who identified with "Other/Referred by" (3) listed names, (1) was referred from Blacksburg, (1) was referred by Immigration Services, (2) answered medical/hospital, (2) answered randomly got dropped off, (1) found online, and (8) listed for services such as: United Way, Rescue Mission, and Goodwill



Where did you sleep last night?	Response Count	Response Percent
Emergency shelter	146	76.4%
Transitional shelter	30	15.7%
Psychiatric facility	0	0.0%
Hospital (non-psychiatric)	0	0.0%
Jail, prison, or juvenile detention	0	0.0%
Rented housing unit	0	0.0%
Owned housing unit	0	0.0%
Staying with family	3	1.5%
Hotel or motel (no voucher)	1	0.5%
Foster care home	0	0.0%
Domestic violence shelter	9	4.7%
Permanent supportive housing	0	0.0%
Substance abuse treatment center or	0	0.0%
detox		
Place not meant for human habitation	0	0.0%
Other (please specify)*	2	1.0%
Answered question	191	
Skipped question	0	

Emergency and Transitional shelters have remained the top 2 responses since 2012.

<sup>\*</sup>Other responses included the "Campsite" and "Stayed with friend"

Have you been denied a bed at a local shelter in the last 12 months because it was full?	Response Count	Response Percent
Yes	22	11.5%
No	169	88.5%
Answered question	191	
Skipped question	0	

The number of people denied a bed due to capacity of the shelter was 6-6.7% each year until 2015. This year had the highest report of 11.5%.

#### **Familial Descriptive Statistics**

How many children under the age of 18 do you have with you?	Response Count	Response Percent
0 Children	157	82.2%
1 Child	6	3.1%
2 Children	14	7.3%
3 Children	8	4.2%
4 Children	3	1.6%
5+ Children	3	1.6%
Answered question	191	
Skipped question	0	

56 school age children are attending school, 4 are not attending school.



How do you handle child care?	Response Count	Response Percent
		20.404
Not applicable	157	82.1%
I do not need child care	11	5.7%
Friends/family	6	3.1%
I take care of my children myself	11	5.7%
Child care center	3	1.5%
Other (please specify)*	3	1.5%
Answered question	188	
Skipped question	0	

<sup>\*</sup>Other responses include social services, work while they are in school, and hired babysitter

Are you a veteran of the US military?	Response Count	Response Percent
Yes	25	13.1%
No	166	86.9%
Answered question	191	
Skipped question	0	

What is the highest level of education that you completed?	Response Count	Response Percent
K - 8	4	2.1%
Some high school	26	13.7%
High school graduate	54	28.4%
GED	35	18.4%
Some college	53	27.9%
College graduate	11	5.8%
Post graduate	6	3.2%
Declined to state	1	0.5%
Answered question	190	
Skipped question	1	

83.7% or 159 respondents report having a high school/GED education or more. This is trending upward since 2011.

#### **Work and Income Statistics**

Are you actively looking for work?	Response Count	Response Percent
Not applicable	23	12.0%
Yes	104	54.5%
No	64	33.5%
Answered question	191	
Skipped question	0	

In 2015 54.5% are actively looking for work. This is slightly down from 2014 and 57.4% actively looking for work.



How do you make money? (Check all that apply)	Response Count	Response Percent
Work, on the books	50	27.1%
Work, off the books	9	4.8%
Drug trade	1	0.5%
Sex trade	0	0.0%
SSI	12	6.5%
SSDI	15	8.1%
Pension/Retirement	3	1.6%
Veterans Administration	8	4.3%
Public assistance	4	2.1%
Food stamps	60	32.6%
Recycling	4	2.1%
Panhandling	1	0.5%
No income	68	36.9%
Other (please specify)*	16	8.6%
Answered question	184	
Skipped question	7	

36.9% report not having any income. 32.6% report food stamps and 27.1% report working (on the books).

<sup>\*</sup>Other responses include: child support (6); odd jobs/temp. work/day labor/part-time employment (6); TANF; Study at Carilion; friends/family (3); owns business

How do you mainly get around? (Check all that apply)	Response Count	Response Percent
Licensed motorized vehicle	22	11.7%
Valley Metro bus	101	53.7%
Walk	100	53.1%
Scooter/Bicycle	2	1.0%
Ride with family/friends	28	14.8%
Other (please specify)	7	3.7%
Answered question	188	
Skipped question	3	

Valley Metro bus and walking have been the top 2 responses each year since 2012. 7 "Other" responses include: Social Worker/Case Worker (2), Rescue Mission Transport (3), Salvation Army Transportation (1), and Trolley (1)



#### **Health (Physical and Mental) Statistics**

If you get sick, where do you go for medical attention?	Response Count	Response Percent
Emergency room	69	36.5%
Urgent Care	9	4.7%
Rescue Mission Healthcare Center	40	21.1%
New Horizons	4	2.1%
Private doctor	20	10.5%
VA Medical Center	21	11.1%
Health Department	1	0.5%
Bradley Free Clinic	12	6.3%
Other (please specify)*	13	6.8%
Answered question	189	
Skipped question	2	

<sup>\*</sup>Emergency room has been the number 1 response each year and continues to be the place to go for medical attention

<sup>\*</sup>Other responses include: any free clinic (3); nowhere (3); hospital (1); Free Riverside Circle (1); Fralin Clinic (1); Primary Care at Carilion (1); Primary Care Doctor (1); Carilion Primary Care (1); and Carilion Family Practice (1)

Do you take medications?	Response Count	Response Percent
Yes	104	54.5%
No	87	45.5%
Answered question	191	
Skipped question	0	

Each year from 2012-2015 between 50-59.3% report taking medications. In 2015 54.5% reported taking medications.

If yes how do you obtain your medication? (Check primary source)	Response Count	Response Percent
I purchase them from a drug store	37	32.4%
I get them from a service provider	39	34.2%
I cannot afford my medications	7	6.1%
Other (please specify)	31	27.1%
Answered question	114	
Skipped question	77	

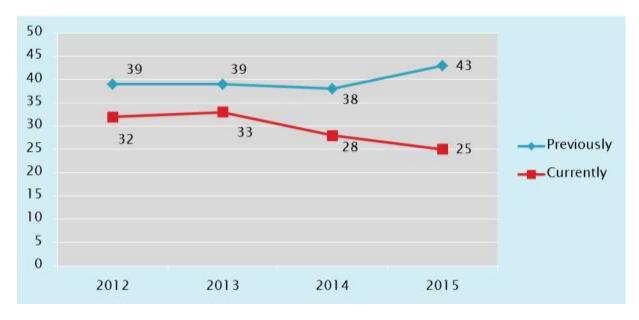
Of those who are taking medications, the majority purchase from a drug store, get the medications from a service provider or the 31 "other" responses include: VA. Medical Center (16), Blue Ridge Behavioral Healthcare (2), Insurance (4), CMAP, Walmart, Free Clinic, Bradley Free Clinic, Mental Health, Glenco (Blue Ridge), and has a supply from before he was homeless



How do you pay for medical care?	Response Count	Response Percent
Medicaid	40	21.4%
Medicare	9	4.8%
Private insurance	11	5.9%
Out of pocket	29	15.5%
Other	98	52.4%
Answered question	187	
Skipped question	4	

Other continues to be the highest category for how people pay for medical care at 52.4%. In the past the other responses included VA Premier, Veterans Administration Medical Care and charity care.

Are you CURRENTLY receiving mental health services?	Response Count	Response Percent	Have you PREVIOUSLY received mental health services?	Response Count	Response Percent
Yes	49	25.8%	Yes	83	43.5%
No	141	74.2%	No	108	56.5%
Answered question	190		Answered question	191	
Skipped question	1		Skipped question	0	



Over the last four years the number of people reporting previously receiving mental health services is increasing and those individuals currently receiving mental health services are decreasing.

Have you ever received treatment for problems related to alcohol?	Response Count	Response Percent
Yes	44	23.0%
No	147	77.0%
Answered question	191	
Skipped question	0	

Fewer people reported received treatment for problems related to alcohol in 2014 (20.6%) and 2015 (23.0%) than in previous years 2013 (30.7%) and 2012 (32.9%).

Have you ever been treated for drug dependency?	Response Count	Response Percent
Yes	32	16.8%
No	159	83.2%
Answered question	191	
Skipped question	0	

More and more people are reporting they haven't ever been treated for drug dependency each year. 2015 (83.2%), 2014 (82.0%), 2013 (71.4%), 2012 (72.9%).

#### **Common Characteristics and Challenges**

Of the following common	Response Count	Response Percent
characteristics and challenges		
faced by those without a home,		
please indicate which affect you.		
(Choose all that apply)		
	0.6	F0.00/
Cannot find work	96	53.0%
Cannot find affordable housing	112	61.9%
Victim of domestic violence	36	19.9%
Dental Problems	57	31.5%
Legal problems/Problems with	31	17.1%
police		
Challenges with substance abuse	29	16.0%
I cannot afford my medications	35	19.3%
Previous foster care	9	5.0%
Divorce	39	21.5%
Physical disability	45	24.9%
Medical problems	64	35.4%
Past incarceration	47	26.0%
Child custody disputes	12	6.6%
Other (please specify)*	16	8.8%
Answered question	181	
Skipped question	10	

Affordable housing, cannot find work, and medical problems are the top 3 challenges faced by those homeless.

<sup>\*</sup>Other responses include: not enough hours at work, family problems, still working to get green card/permanent residence, cannot receive income due to switching payees from NY to here, can't speak English well (Spanish speaker), debt/money issues, cannot work



### **Comments**

- It's really inconvenient.
- It's rough on people. It's hard to find stable housing.
- It's scary. It's nerve racking. Struggling with the job part. They just want a life together, both working...that's their goal. Always praying.
- This is my first time in the shelter. I am working hard to get out of my situation. I am hurt and



working hard to get out and getting a place in GA. I am truly thankful for the Mission and the staff...I appreciate everything.

- Terrible.
- It's a place to sleep and eat (Rescue Mission)
- Very inconvenient. Keeps me from having steady employment.
  - Stressful.
- It's an experience that I feel like no one should have to go through. It's a stressor, uncomfortable, breaks your spirits. I hate when people look at you and think that you use drugs and alcohol.
- Wants to get employment. I believe that would help me get housing. Makes me

sad.

- It sucks.
- Makes me depressed and it's very hard for a single lady to obtain housing.
- I miss being able to be alone with my children and family. I also miss being able to cook/provide meals for my family.
- I feel helpless and lonely because I am without housing.
- If I had my cell phone on I believe that I could of obtained employment, but due to the fact that I could not return their phone calls I wasn't able to obtain employment or keep housing.
- I miss my privacy and I miss being able to come and go as I please. I miss quiet time.
- I hope to obtain housing soon.
- devastating
- Housing is too hard to find. Rent is too high.
- Stressful.
- Besides being stressful, not being able to provide things for my son when he gets here.
- "It hasn't been my fault. I'm homeless because of the system. If it wasn't for me being homeless, I'd say I kind of would of had a new life."
- Depressed.
- It's depressing.
- It sucks. Not what I am used to.
- I have to stay at the Rescue Mission and I appreciate having this place.
- It's a tough situation.



- I am working towards housing and want it fast. I want as much help and information for me to able to get out on my own.
- It's very hard.
- Very depressing.
- It sucks really bad. It's not the place it's the people.
- Not good time without housing.
- I would like to have a home of my own.
- I will like to get a house as soon as possible because its more like a goal. Want to get a job and live with my mom...we are like a team.
- It sucks, I do not like being without a house. I do not know how many hoops you have to jump through for someone to help you.
- Your own privacy. Doing what you want to do. Kids don't have their own rooms. Missing my grandkids...older kids cannot come visit and have Sunday dinners. Miss going to places with my brothers and sisters.
- Never be homeless again I guess I don't know.
- Feel like a gypsy or vagabond and out of sorts.
- It's hard when you are so used to having your own. It's so hard for the homeless...it's taking a toll on me.
- I just want to find my own place.
- Wants help for housing
- Today, best news, Section 8 1 bedroom housing.
- I'm good. I'm hoping to find housing.
- I am a caretaker.
- It is a pain in the butt
- Bankers
- It sucks
- He is grateful the mission is here.
- There are a lot of resources that aren't being given out in Roanoke and he doesn't understand why
- Can't do what he wants to do...no freedom.
- Wants to get out of here as soon as possible because he doesn't like the other people here and how comfortable they are staying here (not the staff...he thinks the staff is great!)
- Wants to know how long you have to stay in this shelter before getting housing assistance
- Trying to get my own place--I'm working on it.
- Doesn't like it much. Trying to find housing less than \$500/month
- Very grateful to God that he is alive and for the Rescue Mission because the last 4 years he has been here. Everybody here has been like family to him. Been sick twice and almost died and the clinic helped him through all of that.
- It's been hard trying to find a job.
- I have a case manager through Blue Ridge and she has been very helpful. I also receive services through Professional Payee Partners Incorporated and they are helping me switch my payee services to Roanoke.
- I'm just finding out there are programs out there...I had thought they were for women and children.
- It bothers me. I'd like to get back into a house.
- Need a job so afford it!



- "I'm trying to get stable, find work and stay in aftercare."
- depressing
- It is the most depressing thing I have ever been through in my life.
- You can dwell in your situation ...put best foot forward and seek available agencies
- It's the hardest thing I've ever dealt with
- "Close the gap between what government gives and actual cost.
- Causes other behaviors.
- "No transportation to get around to find work."
- "Your privacy is an issue. Community living is hard."
- I need a job on the books so that I can get an apartment.
- I have to depend on walking or someone here to take me and it sets your schedule behind a lot.
- Would like a better plan to end homelessness.
- It's no fun!
- Coming from prison, being at the RSL provided the structure and safety that I need at this time.
- I wish the process of getting housed was simpler.
- Shocked about how fast this (being homeless) could happen.
- Unable to obtain employment because of criminal background, unable to afford housing, feels like there is no place for him, feels that past incarceration will hold him back.
- Would like for children to be able to visit him. Feels he should be established at his age. Persistent medical concerns make being without housing very difficult.
- "Dislikes the lack of privacy, but likes meeting new people in the shelter."
- "It sucks and makes life hard."
- "It sucks."
- "Don't have my own place to have personal belongings and privacy."
- "Rent is too high, utilities are too much, and pay is not enough."
- "It sucks and I don't want to go through it again."
- "Not good."
- "You don't have privacy and have to share common living areas when you are homeless."
- "Nobody in the US should not be homeless."
- Accept the condition that I am in and working for the way to move forward
- You adjust to the Mission and become comfortable and welcome.
- No bath tub.
- "I feel depressed, sad, feel hopeless!"
- "Time is winding down, I need 30 days."
- I feel there are lots of resources within the area. The hard is finding them. It would be easier if there was more under one roof. However, Turning Point has offered many. Thank you for your support.
- Very depressing.
- It is very difficult, he sometimes gets very depressed.
- Would like to have apartment or house of his own, not to have it is devastating to him.
- Due to his health declining it has been very difficult, he hopes to find housing eventually.



### Conclusion

In 2014 the Blue Ridge Continuum of Care continued to provide needed services, analyze and improve their already successful processes; and the results of this can be seen in the data. This year, January 2015, is the third consecutive year in which the Roanoke area has seen a decline in the number of homeless people and a decrease in the length of time spent homeless. Reductions in length of time were notable regarding those

homeless between 4-6 months and between 3-5 years.



Year after year the top 4 challenges reported remain the same with 1) affordable housing 2) cannot find work 3) medical problems and 4) dental problems. Affordable housing consistently being reported year after year is one reason the conversation quickly turns from the situation of homeless to lack of affordable housing in this area. The Roanoke area CoC concentrates on prevention with a focus on rapid rehousing and programs such as the Community Housing Resource Center that works with landlords to provide affordable housing. New Horizons Health Care facility is currently expanding its' physical health and dental capacities to serve more people with low/no income. Education continues to hover around 80-85% of those homeless having a high school diploma or greater. Addressing the barriers to obtaining and maintaining a livable income through employment is a necessity. Continued utilization of the workforce development and other community resources should improve the challenge of not being able to find work.

Trend data regarding the number of people reporting previously received mental health services and

currently receiving mental health services continues to show a divergent pattern between the two indicators. More people year after year are reporting previously received rather than currently receiving.

In regard to gender, the number of survey respondents year after year has increased for women. Further investigation into the data would inquire about the actual numbers of women as a total for the homeless population comparable to the survey sample over time.

Although the Roanoke area continues to see declines in the amount of people homeless, the fact still remains that in January 2015, there were 390 people homeless. As a community, the human service providers in the Roanoke and surrounding areas will continue to serve those in need.



## **Appendices**

#### **VI-SPDAT Survey of Street Homeless**

Roanoke is one of the original twelve sites<sup>5</sup> in the Commonwealth that continues to survey individuals living on the streets with the following goals:

- Identify the most vulnerable using a tool called the VI SPDAT [Appendix XX].
- Rank their vulnerability by severity
- Systematically house them before their homelessness causes them to die.

Physician Assistant students from Jefferson College of Health Sciences collected data from on Thursday, January 27th. Students worked in teams of four with a team leader to canvas all known locations previously identified by Roanoke Homeless Assistance Team where street homeless were known to spend the night. These locations included parks, bridges, parking garages, an elevated walkway, bus station and the Market area. Teams began the survey at 5 AM in order to increase the likelihood of finding vulnerable individuals before they dispersed for the day. Ten people experiencing homelessness on the streets were identified. Five of those agreed to be surveyed.

Those surveyed reported 5 emergency room visits in the previous three months and 1 inpatient hospitalization in the past year.

#### **Medical Vulnerability**

Heart conditions	1
COPD	1
Heat stroke/exhaustion	2
Reported mental health treatment	2
Mental health hospitalization	1
Reported drug/alcohol use/treatment	4
Brain injury/head trauma	1

#### **Social Vulnerability**

Unlike previous years, none of the five participants reported having been incarcerated or in foster care. None of the five reported having served in the military. All were US citizens.

#### **Length of time homeless**

1-2 years	1
3-5 years	2
6+ years	2

#### **Demographic Information**

Male	5
Female	0
Age*	39 to 57 years [Average 52 years]

<sup>\*</sup>The average age of persons living on the street increased by three years from the 2014 average.

<sup>&</sup>lt;sup>5</sup>Richmond, Arlington, Roanoke, Hampton, Newport News, Williamsburg, York County, James City County, Martinsville, Norfolk, VA Beach, Portsmouth, Chesapeake, Suffolk, Isle of Wight County, Franklin and Southampton County, Prince William County, Harrisonburg and Rockingham County.



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### **Volunteers Conducting the Survey and Vulnerability Index**

#### Point-in-Time

### **Vulnerability Street Count**

			,
Amanda	Anderson	Will	Bader
Dominic	Austin	Ashlyn	Baird
Blanca	Baker	Anna	Bayer
Heather	Brush	Judy	Blake
Lis	Chacon Morales	Alexandra	Brumfield
Matt	Crookshank	Brian	Buccola
Debbie	Davis	Kaitie	Castagna
Tim	Dayton	Mara	Cate
Katherine	Donaldson	Judy	Cusumano
Stephanie	Floyd	Kate	Donaldson
Leah	Hatcher	Kodi	Ethridge
Millie	Hobgood	Emma	Fauser
Will	Kain	Bill	Ferrell
William	Kain	Courtney	Grocholski
Jennie	King	Andrea	Hall
Samantha	Lukasiewicz	Kathryn	Hoyt
Katrina	McMilllian-Zapf	Alex	Huelskamp
Khea	Morton	Machele	Huff
Michael	Patterson	Allison	Loy
Elizabeth	Pentecost	Max	Mello
Paul	Powell	Kristen	Murphy
Kolleen	Rose	James	Norris
Ken	Russell	Lexi	Ornell
Kolicia	Shifflett	Michelle	Pettis-Tibbs
Melissa	Steinke	Katie	Poulos
Laura	White	Sam	Robbins
Alan	Woodrow	Aly	Schroeder
		Teri	Semones
Officer	J. Johnson	Kathryn	Sistare
Officer	K. Johnson	Shannon	Snyder
Officer	B. Tinsley	Maddie	Stark
Officer	R. Brady	Kyle	Vaughn
Officer	C. Curry	Monica	Veney
Sgt.	Collins	Anne	Weinhold
		Laura	White



## Vulnerability Index & Service Prioritization Decision Assistance Tool (VI-SPDAT) Prescreen for Single Adults

#### GENERAL INFORMATION/CONSENT

Interviewer's Name		Agency	
Date	Time	Location	
In what language do you	u feel best able to express yourself?		
First Name		Last Name	
Nickname		Social Security Number	
How old are you?	What's your date of birth?	Has Consented to Participate  ☐ YES ☐ NO	
If 60 years or older, the	n score 1.		Prescreen Score
PRE-SCREEN GENERAL INF	ORMATION SUBTOTAL		

#### A. HISTORY OF HOUSING & HOMELESSNESS

QUESTIONS			
If the person has experienced two or more cumulative years of homelessness, and/or 4+ episodes of homelessness, then score 1.	RESPONSE	REFUSED	Prescreen Score
1. What is the total length of time you have lived on the streets or in shelters?	296 20		
2. In the past three years, how many times have you been housed and then homeless again?	3 13	۵	
PRE-SCREEN HOUSING AND HOMELESSNESS SUBTOTAL			7

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2015 Annual Report on Homelessness in the Blue Ridge Continuum of Care

Prescreen for Single Adults

#### B. RISKS

SCRIPT: I am going to ask you some questions about your interactions with health and emergency services. If you need any help figuring out when six months ago was, just let me know.

QUESTIONS					
If the total number of interactions across questions 3, 4, 5, 6 and 7 is equal to or greater than 4, then score 1.	RESPONSE		across questions 3, 4, 5, 6 and 7 is equal to or RESPONSE REFUSED		Prescreen Score
3. In the past six months, how many times have you been to the emergency department/room?			0		
4. In the past six months, how many times have you had an interaction with the police?					
5. In the past six months, how many times have you been taken to the hospital in an ambulance?		3			
6. In the past six months, how many times have you used a crisis service, including distress centers or suicide prevention hotlines?			0		
7. In the past six months, how many times have you been hospitalized as an in-patient, including hospitalizations in a mental health hospital?			0		
If YES to questions 8 or 9, then score 1.	YES	NO	REFUSED	Prescreen Score	
8. Have you been attacked or beaten up since becoming homeless?					
9. Threatened to or tried to harm yourself or anyone else in the last year?					
If YES to question 10, then score 1.	YES	NO	REFUSED	Prescreen Score	
10. Do you have any legal stuff going on right now that may result in you being locked up or having to pay fines?					
If YES to questions 11 or 12; OR if respondent provides any answer OTHER THAN "Shelter" in question 13, then score 1.	YES	NO	REFUSED	Prescreen Score	
11. Does anybody force or trick you to do things that you do not want to do?					
12. Ever do things that may be considered to be risky like exchange sex for money, run drugs for someone, have unprotected sex with someone you don't really know, share a needle, or anything like that?		0			
13. I am going to read types of places people sleep. Please tell me which one that you sleep at most often. (Check only one.)	☐ Shelf ☐ Stree Doorwa ☐ Car, ☐ Bus o ☐ Beac	et, Sidew y Van or R or Subwi h, River	tV sy bed or Park		





## Vulnerability Index & Service Prioritization Decision Assistance Tool (VI-SPDAT) Prescreen for Single Adults

#### C. SOCIALIZATION & DAILY FUNCTIONS

QUESTIONS				
If YES to question 14 or NO to questions 15 or 16, score 1.	YES	NO	REFUSED	Prescreen Score
14. Is there anybody that thinks you owe them money?				
15. Do you have any money coming in on a regular basis, like a job or government benefit or even working under the table, binning or bottle collecting, sex work, odd jobs, day labor, or anything like that?	0	۵	ם	
16. Do you have enough money to meet all of your expenses on a monthly basis?				
If NO to question 17, score 1.	YES	NO	REFUSED	Prescreen Score
17. Do you have planned activities each day other than just surviving that bring you happiness and fulfillment?			D .	
If YES to questions 18 or 19, score 1.	YES	NO	REFUSED	Prescreen Score
18. Do you have any friends, family or other people in your life out of convenience or necessity, but you do not like their company?		a	۵	
19. Do any friends, family or other people in your life ever take your money, borrow cigarettes, use your drugs, drink your alcohol, or get you to do things you really don't want to do?	0	0		
OBSERVE ONLY, DO NOT ASKI IF YES, score 1.			Prescreen Score	
20. Surveyor, do you detect signs of poor hygiene or daily living skills?				

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Prescreen for Single Adults

#### D. WELLNESS

QUESTIONS	100			-7
Does Not Go For Care, score 1. RESPONSE			Prescreen Score	
21. Where do you usually go for healthcare or when you're not feeling well?		spital nic her (spe		
	□ Do	es not	go for care	
For EACH YES response in questions 22 through 25 (Medical Conditions), score 1.		101 X		
Do you have now, have you ever had, or has a healthcare provider ever told you that you have any of the following medical conditions:	YES	NO	REFUSED	Medical Conditions
22. Kidney disease/End Stage Renal Disease or Dialysis		0		Li-
23. History of frostbite, Hypothermia, or Immersion Foot				
24. Liver disease, Cirrhosis, or End-Stage Liver Disease				
25. HIV+/AIDS	۵			9
If YES to any of the conditions in questions 26 to 34, then mark "X" in Other Medical Condition column.	YES	NO	REFUSED	Other Medical Conditions
26. History of Heat Stroke/Heat Exhaustion				
27. Heart disease, Arrhythmia, or Irregular Heartbeat				1
28. Emphysema				1
29. Diabetes			ū	1
30. Asthma				1
31. Cancer				1
32. Hepatitis C				1
33. Tuberculosis				1
OBSERVATION ONLY – DO NOT ASK:  34. Surveyor, do you observe signs or symptoms of a serious health condition?		۵		
If any response is YES in questions 35 through 41, score 1 in the Substance Use column.	YES	NO	REFUSED	Substance Use
35. Have you ever had problematic drug or alcohol use, abused drugs or alcohol, or told you do?	۵		0	1::
36. Have you consumed alcohol and/or drugs almost every day or every day for the past month?				
37. Have you ever used injection drugs or shots in the last six months?	0		0	
38. Have you ever been treated for drug or alcohol problems and returned to drinking or using drugs?		۵	۵	
39. Have you used non-beverage alcohol like cough syrup, mouthwash, rubbing alcohol, cooking wine, or anything like that in the past six months?			0	
40. Have you blacked out because of your alcohol or drug use in the past month?				

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Prescreen for Single Adults

OBSERVATION ONLY – DO NOT ASK: 41. Surveyor, do you observe signs or symptoms or problematic alcohol or drug abuse?	۵	0		
If any response is YES in questions 42 through 48, score 1 in the Mental Health Column.	YES	NO	REFUSED	Mental Health
42. Ever been taken to a hospital against your will for a mental health reason?				69
43. Gone to the emergency room because you weren't feeling 100% well emotionally or because of your nerves?	۵	п		1
44. Spoken with a psychiatrist, psychologist or other mental health professional in the last six months because of your mental health – whether that was voluntary or because someone insisted that you do so?	0	0		
45. Had a serious brain injury or head trauma?				1
46. Ever been told you have a learning disability or developmental disability?				1
47. Do you have any problems concentrating and/or remembering things?				1
OBSERVATION ONLY – DO NOT ASK:  48. Surveyor, do you detect signs or symptoms of severe, persistent mental illness or severely compromised cognitive functioning?	۵	۵		
If the Substance Use score is 1 AND the Mental Health score is 1 AND the Medical Cor OR an X, then score 1 additional point for tri-morbidity.	ndition sc	ore is a	t least a I	Tri-Morbidity
If YES to question 49, score 1.	YES	NO	REFUSED	Prescreen Score
49. Have you had any medicines prescribed to you by a doctor that you do not take, sell, had stolen, misplaced, or where the prescriptions were never filled?	٥	۵	0	
If YES to question 50, score 1.	YES	NO	REFUSED	Prescreen Score
50. Yes or No – Have you experienced any emotional, physical, psychological, sexual or other type of abuse or trauma in your life which you have not sought help for, and/or which has caused your homelessness?	٥	٥	٥	
PRE-SCREEN WELLNESS SUBTOTAL		4	1	117

#### SCORING SUMMARY

DOMAIN	SUBTOTAL	If the Pre-Screen Total is equal to or greater than 10,
GENERAL INFORMATION		the individual is recommended for a Permanent Supportive Housing/Housing First Assessment.
A. HISTORY OF HOUSING AND HOMELESSNESS		Control of the Contro
B. RISKS	5.52	If the Pre-Screen Total is 5, 6, 7, 8 or 9, the individual is recommended for a Rapid Re-Housing Assessment.
C. SOCIALIZATION AND DAILY FUNCTIONS	382	
D. WELLNESS		If the Pre-Screen Total is 0, 1, 2, 3 or 4, the individual is not recommended for a Housing and Support
PRE-SCREEN TOTAL		Assessment at this time.



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POWERED BY COMMUNITY SOLUTIONS

Prescreen for Single Adults

Finally I'd like to ask you some questions to help us better understand homelessness and improve housing and support services.

☐ Male ☐ Female ☐ Transgender ☐ Other ☐ Decline to State
☐ Yes ☐ No ☐ Refused
□ Korean War (June 1950-January 1955)     □ Vietnam Era (August 1964-April 1975)     □ Post Vietnam (May 1975-July 1991)     □ Persian Gulf Era (August 1991-Present)     □ Afghanistan (2001-Present)     □ Iraq (2003-Present)     □ Other (Specify)     □ Refused
☐ Honorable ☐ Other than Honorable ☐ Bad Conduct ☐ Dishonorable ☐ Refused
☐ Citizen ☐ Legal Resident ☐ Undocumented ☐ Refused
☐ This city☐ This region☐ Other part of the State☐ Somewhere else (specify)
☐ Yes ☐ No ☐ Refused
☐ Medicaid ☐ Medicare ☐ VA ☐ Private Insurance ☐ None ☐ Other (specify):
☐ Yes ☐ No ☐ Refused

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## 2015 Homeless Survey Guide

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4.

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Victin     Ment     Subst     Fire/c     Famil     Bad (     Crim     Lack     L1. Disch     Cther  How many t	n of Domestic Vi al Health	the management and it	payment				
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Bad 0     Crimi     10. Lack     11. Disch     12. Other  How many t	ther disaster						
9. Crimi 10. Lack 11. Disch 12. Other	y problems						
10. Lack 11. Disch 12. Other How many t	redit						
10. Lack 11. Disch 12. Other How many t	nal History						
12. Other	of Affordable Ho	using					
12. Other	arged from an ins	stitution, p	lease expl	ain:			
	, please explain:			S (W)			
	lmes have you b	een homel	ess nelor	to your en	rrent situ	ation?	
4.4 1.756.756		cen nomei	cas prior	to jour cu	i i ciit situ	auon.	
2. 1 tim							
3. 2-3 ti							
4. 4-5 ti							
5 - 5 T T T T T T T T T T T T T T T T T	than 5 times						
What racial	ethnic group do	you ident	ify with t	he most?	Circle on	ly one)	
	/Caucasian						
<ol><li>Black</li></ol>	African America	ın					
<ol><li>Asiar</li></ol>	E						
	ican Indian/Alask						
<ol><li>Nativ</li></ol>	e Hawaiian/Other	Pacific Is	lander				
<ol><li>Amer</li></ol>	ican Indian/Alask	ca Native &	& White				
<ol><li>Asiar</li></ol>	& White						
	Hispanic/Non-Lat	tino					
<ol><li>Hispa</li></ol>	nic/Latino						
10. Mixe							
	ne to State						
12. Other							



Wher	e were you residing when you became homeless?
1.	Roanoke City
2.	Salem
3.	Roanoke County/Vinton
	Botetourt County
	Clifton Forge
	Alleghany County
	Other
	became homeless somewhere other than Roanoke, why did you come to Roanok
	e one main reason.)
	Not applicable
2.	Find a job
	Friends/family are here
	Domestic Violence Program
	To obtain healthcare
6.	Ran out of money
	Personal reasons
1 1 2 2	Probation/Parole Officer
	Veterans Administration
	. Substance Abuse Program
	. Shelter Only
	. Referred (told to) by
13	. Other, please specify
Wher	e did you sleep last night?
	Emergency Shelter
	Transitional Shelter
3.	Psychiatric facility
	Hospital (non-psychiatric)
5.	Jail, prison, or juvenile detention
6.	Rented housing unit
7.	Owned housing unit
8.	Staying with family
9.	Hotel or motel (no voucher)
	. Foster care home
11	. Domestic Violence Shelter
	. Permanent Supportive Housing (Shelter Plus Care, etc)
13	Substance abuse treatment center or detox
	. Place not meant for human habitation (outdoors, abandoned building, under bridge, or vehicle)
1.5	. Other living arrangement, specify



9.	Have yo	ou been denied a bed at a local shelter in the past 12 months because it was full?
		Yes No
10.	How	many children under the age of 18 do you have with you? (Any child sphysically under the respondent's care at this point in time should be included.)
		0 children
		1 child
		2 children
		3 children
		4 children
	6.	5 or more children
11.		many school age children (5-18 yrs) with you are attending school?
		Not applicable
	2.	# attending
	3.	# not attending
12.	How	do you handle child care?
	1.	Not applicable
		I do not need child care
		Friends/family
	4.	I take care of my children myself
	5.	Child care center
	6.	Other, please specify
13.	Are v	ou a veteran of the U.S. Military?
	1.	Yes
	2.	No
14.	What	is the highest level of education that you completed?
	1.	K-8
	2.	Some High School
		High School Graduate
		GED
		Some College
	6.	College Graduate
	7.	Post Graduate
		Declined to state
		Page 2



		to you make money: (Circle an mat apply)
	L	Work, on the books
	2.	Work, off-the-books
	3.	Drug Trade
		Sex Trade
		Social Security Supplemental Income (SSI)
		Social Security Disability Income (SSDI)
		Pension/Retirement
		Veterans Administration
		Public Assistance
		Food Stamps
		Recycling
		Panhandling
		No Income
	14	Other (specify)
<b>6.</b>	Are ve	ou actively looking for work?
		Not applicable
		Yes
		No
		130
7.	How o	to you mainly get around? (Check all that apply.)
	1.	Licensed Motorized Vehicle
	2.	Valley Metro Bus
		Walk
	4	Scooter/Bicycle
	5.	Ride with friends/family
		Other (specify)
	1404-00000	
8.		get sick, where do you go for medical treatment?
		Emergency Room
		Urgent Care
		Rescue Mission Healthcare Center
		New Horizons
	5.	Private Doctor
	6.	VA Medical Center
	7.	Health Department
		Bradley Free Clinic
		Other (specify)
ne:	**	
9.		u take medications?
		Yes
	2.	No



)
<u> </u>
ed by those without a home



	In the last 12 months, have you received services from the Community Housing Reso Center?
	1. Yes
	2. No
	If yes, what services did you receive?
	If no, why not?  1. Never heard of it
	2. Did not qualify
	No services available to solve my problem
	Please share any comments or thoughts you have about being without housing?
_	
_	
_	
_	
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# Blue Ridge Continuum of Care Localities















