

# SAFE SPACE

*A place to catch your breath,  
a place to lay your head.*

## Safe Space and Day Shelters

### On Our Own

(540) 362-0061 | [oorv.com](http://oorv.com)

Promotes recovery by providing a safe, consumer-run alternative for socialization, self-help, advocacy, recreation, support, and education.

### Roanoke Area Ministries (RAM)

(540) 343-3753 | [raminc.org](http://raminc.org)

Day shelter for homeless individuals and families offering hot lunches, a part-time employment program, laundry facilities, and mail services.

### Straight Street

(540) 342-4971 | [straightstreet.org](http://straightstreet.org)

A ministry to youth offering faith, fun, help, and hope. A place where teenagers can hang out, meet friends, and find someone to help them with their problems.

### Overnight Shelter

#### Rescue Mission of Roanoke

(540) 343-7227 | [rescuemission.net](http://rescuemission.net)

The largest provider of homeless services in the Roanoke Valley. Its components include a residential recovery program, Women and Children's Center, and a Men's Shelter. Supportive services include meals, showers, clothing and furniture, healthcare, intensive case management, and legal services.

### Housing Information and Referral

#### Central Intake - One Door

(540) 853-1163 | [roanokeva.gov](http://roanokeva.gov)

An entry point to homeless and homeless prevention services for families and individuals who are homeless or at-risk of homelessness.

**IF YOU ARE IN  
IMMEDIATE DANGER,  
CALL 9-1-1.**

# HOTLINES

*No judgement, just a  
listening ear.*

### 211 Virginia

2-1-1 | [211virginia.org](http://211virginia.org)

A free service that can help you find the local resources you need.

### Blue Ridge Behavioral Healthcare

Crisis Line: (540) 981-9351

### LGBTQ Partner Abuse and Sexual Assault

Helpline: 1-866-356-6998

### National Human Trafficking Hotline

1-888-373-7888

### National Suicide Prevention Lifeline

9-8-8 | [988lifeline.org](http://988lifeline.org)

### TAP Domestic Violence Services

24-Hour Hotline: Call or Text (540) 580-0775

### Salvation Army Turning Point Shelter

24-Hour Crisis Line: (540) 345-0400

### SARA Roanoke

Hotline: (540) 981-9352

### Statewide Hotline for Family Violence & Sexual Assault

1-800-838-8238

**DON'T HAVE TIME  
FOR ALL THIS? CALL 2-1-1.**

**HELP IS  
ONLY A  
PHONE  
CALL  
AWAY**



### ROANOKE VALLEY VIOLENCE PREVENTION COUNCIL

This project was supported by the Department of Criminal Justice Services (DCJS) grant #24-A9388VA22, with funds made available to the Commonwealth of Virginia from the Office of Violence Against Women, U.S. Department of Justice.

**A LOCAL GUIDE  
FOR THOSE IN CRISIS**



## Children's Trust

(540) 344-3579 | roact.org

Provides prevention, education, and advocacy services that reduce the occurrence of trauma of child abuse and neglect.

## Family Service of Roanoke Valley

(540) 563-5316 | fsvr.org

Everyone deserves to live a life free from harm and full of hope. FSRV provides mental health counseling, healthy relationship education, and financial management services for individuals and families.

## Legal Aid Society of Roanoke Valley

(540) 344-2080 | lasrv.org

Provides free legal services to eligible victims of domestic violence in protective and family law matters.

## Local Office on Aging | Elder Abuse

(540) 345-0451 | loaa.org

Helping older persons remain independent for as long as possible. Utilizes community-based resources and services to advance the protection of our elderly population from abuse, neglect, and exploitation, including financial and otherwise.

## Salvation Army Roanoke Turning Point

(540) 345-0400 | virginiasalvationarmy.org/roanokeva

As the only secure center for survivors of domestic violence in the Roanoke Valley, Turning Point provides free, confidential, temporary shelter and services in a safe and caring environment.

## SARA Roanoke

(540) 981-9352 | sararoanoke.org

Whether you or someone you know has been sexually assaulted, SARA Roanoke can help. All services are free, confidential, and voluntary.

## The Lampstand

(540) 777-4663 | thelampstandva.org

A safehome for female survivors of sexual exploitation and trafficking ages 12-17 and wraparound services for minors and adults.

## TAP Domestic Violence Services

(540) 580-0775 | tapintohope.org

If your intimate partner is abusive to you, your children, or someone else in the household, or if someone you know is being abused, TAP DVS can help.

# MULTICULTURAL FRIENDLY

People who get it.

## Commonwealth Catholic Charities

(540) 342-0411 | cccofva.org

Provides quality compassionate human services to all people especially the most vulnerable, regardless of faith.

## Roanoke Diversity Center

(540) 900-4732 | roanokediversitycenter.com

To support, educate, empower, and advocate for LGBT individuals and groups in the Roanoke region, and to encourage collaborative efforts with the greater community to improve the quality of life for all.

## Roanoke Refugee Partnership

roanokerefugeepartnership.org

Partners with the refugee members of the Roanoke community by providing equitable access to resources supporting economic, social, physical, and mental well-being.

# SUBSTANCE USE DISORDER

*Your life is worth saving.*

## Anderson Treatment

(540) 400-7841 | andersontreatment.com

Offers a full range of adult substance use and addiction services.

## BrightView

(540) 510-4357 | brightviewhealth.com

Offers same-day alcohol and substance use treatment; accepting all Medicaid, Medicare, and commercial insurance providers and the uninsured, as well as providing an on-site pharmacy.

## Drop-In Center | Harm Reduction Services

(540) 982-2437 | councilofcommunityservices.org

The Drop-In Center provides access to syringe exchange mobile unit, risk reduction counseling, HIV and Hepatitis C testing, clean works kits, linkage to care, NARCAN, and more.

## Roanoke HOPE Initiative

(540) 339-9010 | bradleyfreeclinic.com

Assists individuals who are suffering from substance use disorders, in any form.

**HEALTH**  
*Go to the pros.*

## Blue Ridge Behavioral Healthcare

(540) 343-3007 | brbh.org

The Community Services Board serving adults, children, and families with mental health disorders, developmental disabilities, or substance use disorders in the Roanoke Valley.

## Blue Ridge Women's Center

(540) 362-4357 ext. 100 | blueridgewoman.org

Improves the well-being of women and their families through a medical clinic specializing in unplanned pregnancy, relationships, and reproductive health.

## Bradley Free Clinic

(540) 344-5156 | bradleyfreeclinic.com

Provides compassionate and comprehensive health care services in partnership with high-quality professional volunteers for underserved residents.

## Carilion Roanoke Memorial Hospital

(540) 981-7337 | carilionclinic.org

Forensic nurse examiners available to provide medical services to patients of all ages and genders who have experienced physical violence or sexual assault.

## Children's Trust Healthy Families

(540) 344-3579 | roact.org

Healthy Families provides an evidence-based home visiting program aimed at families that are at risk of abuse and/or neglect, helping to educate and support struggling parents.

## CHIP of Roanoke Valley

(540) 857-6993 | chiprv.org

Pairs pregnant moms, low-income children, birth to first-grade entry, and their guardians with a Community Health Nurse and Family Case Manager to help them access needed services.

## LewisGale Regional Health Systems HCA Virginia

(540) 776-4000 | lewisleagle.com

## New Horizons Healthcare

(540) 362-0360 | newhorizonshealthcare.org

This growing clinic includes pediatrics, family medicine, an on-site pharmacy with medication assistance program, and behavioral health services.

## Planned Parenthood Roanoke Health Center

(540) 562-3457 | plannedparenthood.org

One of the nation's leading providers of high quality, affordable health care, and the nation's largest provider of sex education.

## Roanoke City and Alleghany Health Districts

**Virginia Department of Health**

(540) 283-5050 | vdh.virginia.gov/roanoke